The support you receive after an injury or hospital stay significantly impacts the healing process. Selecting the post-acute care option that’s right for you can increase your chances of a speedy and efficient recovery. repisodic provides you with the best resources to help you find the post-acute care provider that best fits your needs.

Fundamentals of Post-Acute Care

What is Post-Acute Care

Post-acute care is all the health-related services that patients receive after, or in some cases instead of, care at the doctor’s office or hospital. High-quality post-acute care can improve a patient’s health outcomes, lower their out-of-pocket healthcare costs, and decrease their chance of being readmitted to the hospital due to complications.

Coordinating post-acute care is an important responsibility, but it’s also one of the more challenging parts of the healthcare system to navigate. By taking advantage of online resources, you can make an informed decision and make sure that you or your loved one is getting the right care that addresses their unique needs.

Types of Post-Acute Care

- **Home Health Care** – agencies that send medical professionals to patients’ homes so patients can receive skilled nursing and rehabilitation without going to a hospital or residential facility. Common services provided through home health care are wound care, physical therapy, and injections.

- **Skilled Nursing Facilities (SNF)** – short-term residential healthcare locations for patients who no longer need to be in a hospital but require a higher level of medical care than can be provided at home. Common services provided at a skilled nursing facility include physical/occupational rehabilitation, speech and language therapy, and complex wound care.

- **Inpatient Rehabilitation Facilities** – residential healthcare locations that provide intensive hospital-level care for patients with complex conditions such as spinal cord diseases or traumatic brain injuries. Common services provided through inpatient rehabilitation facilities include physical therapy and stroke rehabilitation.

- **Long-Term Care Hospitals** – long-term residential locations that offer the same level of round-the-clock care as traditional hospitals or intensive care units, but over a longer period of time (usually a month). Common services provided at long term care hospitals include ventilator care, intravenous (IV) therapy, and dialysis.

Learn more about post-acute care providers by visiting repisodic.com

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